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“It’s Good To Be G.R.E.E.N. It’s Great to be B.E.A.V.E.R G.R.E.E.N.”

5th May 2026

Year 1

Relationships and Sex Education (RSE)

Dear Parents/carers,

During Terms 5 and 6, we will be teaching children about health, relationships, and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

Parents/carers do have the right to withdraw pupils from some or all parts of **sex education only**. The ‘Relationships and Health Education’ aspects of the programme is considered compulsory for all pupils receiving primary education, and therefore parents/carers are unable to withdraw consent. This is because Relationship Education plays a vital part in meeting schools’ safeguarding obligations. Ofsted is clear that schools must offer an education that enables pupils to learn about safety and risks in relationships.

If you have previously withdrawn your child from these lessons and wish for that to continue, please confirm this in writing. You can email bgpoffice@swale.at or drop a letter into the school office by Friday 8th May.

Relationships Education – COMPULSORY

*The aim is that by the end of Term 5 the children in **Year 1** will learn the following:*

Families

- I can identify the member of my family and understand that there are lots of different types of families.

Making Friends

- I can identify what being a good friend means to me.

Greetings

- I know appropriate ways of physical contact to greet my friends and know which ways I prefer.

People Who Help Us

- I know who can help me in my school community.

Being my own Best Friend

- I can recognise my qualities as a person and as a friend.

Relationships and Sex Education

*The aim is that by the end of Term 6 the children in **Year 1** will learn the following:*

Life Cycles

- I am starting to understand the life cycles of animals and humans.

Changing Me

- I can tell you some things about me that have changed and some things about me that have stayed the same.

My Changing Body

- I can tell you how my body has changed since I was a baby.

Boys' and Girls' Bodies

- I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles and vagina.

Learning and Growing

- I understand that every time I learn something new I change a little bit.

Coping with Changes

- I can tell you about changes that have happened in my life.

All teaching materials are appropriate to pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

I endeavor to help support parents in managing conversations with your children on these issues. If you have any queries or concerns, please contact the school office to arrange a meeting with myself.

Thank you for your support.

Yours Sincerely,

Mrs C Osgood

PSHE Subject Lead