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“It’s Good To Be G.R.E.E.N. It’s Great to be B.E.A.V.E.R G.R.E.E.N.”

5th May 2026

Year 3

Relationships and Sex Education (RSE)

Dear Parents/carers,

During Terms 5 and 6, we will be teaching children about health, relationships, and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

Parents/carers do have the right to withdraw pupils from some or all parts of **sex education only**. The ‘Relationships and Health Education’ aspects of the programme is considered compulsory for all pupils receiving primary education, and therefore parents/carers are unable to withdraw consent. This is because Relationship Education plays a vital part in meeting schools’ safeguarding obligations. Ofsted is clear that schools must offer an education that enables pupils to learn about safety and risks in relationships.

If you have previously withdrawn your child from these lessons and wish for that to continue, please confirm this in writing. You can email bgpoffice@swale.at or drop a letter into the school office by Friday 8th May.

Relationships Education – COMPULSORY

*The aim is that by the end of Term 5 the children in **Year 3** will learn the following:*

Family Roles and Responsibilities

- I can identify the roles and responsibilities of each member of my family and can reflect on the expectation for males and females.

Friendship

- I can identify and put into practice some of the skills of friendship.

Keeping Myself Safe Online

- I know and can use some strategies for keeping myself safe online.

Being a Global Citizen

- I can explain how some of the actions and work of people around the world help and influence my life.

Celebrating my Web of Relationships

- I know how to express my appreciation to my friends and family.

Relationships and Sex Education

*The aim is that by the end of Term 6 the children in **Year 3** will learn the following:*

How Babies Grow

- I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.

Babies

- I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow.

Outside Body Changes

- I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I can identify how boys' and girls' bodies change on the outside during this growing up process.

Inside Body Changes

- I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.

Family Stereotypes

- I can start to recognise stereotypical ideas I might have about parenting and family roles.

All teaching materials are appropriate to pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

I endeavor to help support parents in managing conversations with your children on these issues. If you have any queries or concerns, please contact the school office to arrange a meeting with myself.

Thank you for your support.

Yours Sincerely,

Mrs C Osgood

PSHE Subject Lead