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“It’s Good To Be G.R.E.E.N. It’s Great to be B.E.A.V.E.R G.R.E.E.N.”

5th May 2026

Year 4

Relationships and Sex Education (RSE)

Dear Parents/carers,

During Term 6, we will be teaching children about health, relationships, and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

Parents/carers do have the right to withdraw pupils from some or all parts of **sex education only**. The ‘Relationships and Health Education’ aspects of the programme is considered compulsory for all pupils receiving primary education, and therefore parents/carers are unable to withdraw consent. This is because Relationship Education plays a vital part in meeting schools’ safeguarding obligations. Ofsted is clear that schools must offer an education that enables pupils to learn about safety and risks in relationships.

If you have previously withdrawn your child from these lessons and wish for that to continue, please confirm this in writing. You can email bgpoffice@swale.at or drop a letter into the school office by Friday 8th May.

Relationships Education – COMPULSORY

*The aim is that by the end of Term 6 the children in **Year 4** will learn the following:*

Jealousy

- I can recognise situations that can cause jealousy in relationships.

Love and Loss

- I can identify someone I love and can express why they are special to me.

Memories

- I can tell you about someone I know that I no longer see.

Getting on and Falling Out

- I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends.

Girlfriends and Boyfriends

- I understand what having a boyfriend/girlfriend might mean and that it is a special relationship for when I am older.

Celebrating my Relationships

- I know how to show love and appreciation to the people and animals who are special to me.

Relationships and Sex Education

*The aim is that by the end of Term 6 the children in **Year 4** will learn the following:*

Unique Me

- I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm.

Having a Baby

- I can correctly label internal and external parts of male and female bodies that are necessary for making a baby.

Girls and Puberty

- I can describe how a girl's body changes in order for her to be able to have babies when she is an adult and that menstruation is a natural part of this.

Circles of Change

- I know how the circle of change works and can apply it to changes I want to make in my life.

Accepting Change

- I can identify changes that have been and may continue to be outside of my control that I learnt to accept.

Looking Ahead

- I can identify what I am looking forward to when I move to a new class.

All teaching materials are appropriate to the pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

I endeavor to help support parents in managing conversations with your children on these issues. If you have any queries or concerns, please contact the school office to arrange a meeting with myself.

Thank you for your support.

Yours Sincerely,

Mrs C Osgood

PSHE Subject Lead