

Executive Headteacher: Mrs L Hopkins
Head of School: Mrs T Oakley
Deputy Headteacher: Mr T Hadfield



Cuckoo Lane
Ashford, Kent
TN23 5DA

Email: bgpoffice@swale.at

Tel: 01233 621989

12th March 2021

Year 5

Relationships and Sex Education (RSE)

Dear Parents/carers,

During Terms 5 and 6, we will be teaching children about health, relationships, and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

Parents/carers do have the right to withdraw pupils from some or all parts of **sex education only**. The 'Relationships and Health Education' aspects of the programme is considered compulsory for all pupils receiving primary education, and therefore parents/carers are unable to withdraw consent. This is because Relationship Education plays a vital part in meeting schools' safeguarding obligations. Ofsted is clear that schools must offer an education that enables pupils to learn about safety and risks in relationships.

At Beaver Green, we want to work closely with all parents/carers to ensure you know what will be taught as part of your child's PSHE lessons. We want to ensure you are given all opportunities to understand the purpose and content of Relationships Education and RSE. With this in mind, we will shortly be emailing you a video highlighting key information about the content of the upcoming RSE lessons to further support your understanding. Additionally, you will also be able to access a Google Meet to address any concerns or questions you may have. In the meantime, the following information aims to provide you with key information and intended lesson outcomes about the purpose and content of Relationships Education and RSE:

Relationships Education – COMPULSORY

*The aim is that by the end of Term 5 the children in **Year 5** will learn the following:*

Recognising Me

- I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities

Safety with Online Communities

- I understand that belonging to an online community can have positive and negative consequences.

Being in an Online Community

- I understand there are rights and responsibilities in an online community or social network.

Online Gaming

- I know there are rights and responsibilities when playing a game online.

My Relationship with Technology (screen time)

- I can recognise when I am spending too much time using devices (screen time).

Relationships and Technology

- I can explain how to stay safe when using technology to communicate with my friends.

Relationships and Sex Education

*The aim is that by the end of Term 6 the children in **Year 5** will learn the following:*

Self and Body Image

- I am aware of my own self-image and how my body image fits into that.

Puberty for Girls

- I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.

Puberty for Boys

- I can describe how boys' and girls' bodies change during puberty.

Conception

- I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby.

Key words from these sessions: characteristics, egg, sperm, conception, inherited, penis, testicles, vagina, womb, ovaries, making love, fertilise, reproduction.

All teaching materials are appropriate to a pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

I endeavour to help support parents in managing conversations with your children on these issues. If you have any questions regarding what will be taught, you can also email me at anika.thind@swale.at or your child's class teacher.

Thank you for your support.

Yours sincerely,



Miss A Thind
Year 5 Class Teacher
PSHE Subject Lead