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### Year 3

#### **Relationships and Sex Education (RSE)**

Dear Parents/carers,

During Terms 5 and 6, we will be teaching children about health, relationships, and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

Parents/carers do have the right to withdraw pupils from some or all parts of **sex education only**. The 'Relationships and Health Education' aspects of the programme is considered compulsory for all pupils receiving primary education, and therefore parents/carers are unable to withdraw consent. This is because Relationship Education plays a vital part in meeting schools' safeguarding obligations. Ofsted is clear that schools must offer an education that enables pupils to learn about safety and risks in relationships.

At Beaver Green, we want to work closely with all parents/carers to ensure you know what will be taught as part of your child's PSHE lessons. We want to ensure you are given all opportunities to understand the purpose and content of Relationships Education and RSE. With this in mind, we will shortly be emailing you a video highlighting key information about the content of the upcoming RSE lessons to further support your understanding. Additionally, you will also be able to access a Google Meet to address any concerns or questions you may have. In the meantime, the following information aims to provide you with key information and intended lesson outcomes about the purpose and content of Relationships Education and RSE:

#### **Relationships Education – COMPULSORY**

*The aim is that by the end of Term 5 the children in **Year 3** will learn the following:*

##### Family Roles and Responsibilities

- I can identify the roles and responsibilities of each member of my family and can reflect on the expectation for males and females.

##### Friendship

- I can identify and put into practice some of the skills of friendship.

##### Keeping Myself Safe Online

- I know and can use some strategies for keeping myself safe online.

### Being a Global Citizen

- I can explain how some of the actions and work of people around the world help and influence my life.

### Celebrating my Web of Relationships

- I know how to express my appreciation to my friends and family.

### Relationships and Sex Education

*The aim is that by the end of Term 6 the children in **Year 3** will learn the following:*

#### How Babies Grow

- I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.

#### Babies

- I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow.

#### Outside Body Changes

- I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I can identify how boys' and girls' bodies change on the outside during this growing up process.

#### Inside Body Changes

- I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.

#### Family Stereotypes

- I can start to recognise stereotypical ideas I might have about parenting and family roles.

All teaching materials are appropriate to a pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

I endeavour to help support parents in managing conversations with your children on these issues. Please keep an eye out for the video and Google Meet later on in the term for more information. If you have any questions in the meantime, you can email me at [anika.thind@swale.at](mailto:anika.thind@swale.at).

Thank you for your support.

Yours sincerely,



Miss A Thind  
Year 5 Class Teacher  
PSHE Subject Lead