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Year 1

Relationships and Sex Education (RSE)

Dear Parents/carers,

During Terms 5 and 6, we will be teaching children about health, relationships, and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

Parents/carers do have the right to withdraw pupils from some or all parts of **sex education only**. The 'Relationships and Health Education' aspects of the programme is considered compulsory for all pupils receiving primary education, and therefore parents/carers are unable to withdraw consent. This is because Relationship Education plays a vital part in meeting schools' safeguarding obligations. Ofsted is clear that schools must offer an education that enables pupils to learn about safety and risks in relationships.

At Beaver Green, we want to work closely with all parents/carers to ensure you know what will be taught as part of your child's PSHE lessons. We want to ensure you are given all opportunities to understand the purpose and content of Relationships Education and RSE. With this in mind, we will shortly be emailing you a video highlighting key information about the content of the upcoming RSE lessons to further support your understanding. Additionally, you will also be able to access a Google Meet to address any concerns or questions you may have. In the meantime, the following information aims to provide you with key information and intended lesson outcomes about the purpose and content of Relationships Education and RSE:

Relationships Education – COMPULSORY

*The aim is that by the end of Term 5 the children in **Year 1** will learn the following:*

Families

- I can identify the members of my family and understand that there are lots of different types of families.

Making Friends

- I can identify what being a good friend means to me.

Greetings

- I know appropriate ways of physical contact to greet my friends and know which ways I prefer.

People Who Help Us

- I know who can help me in my school community.

Being my own Best Friend

- I can recognise my qualities as a person and as a friend.

Relationships and Sex Education

*The aim is that by the end of Term 6 the children in **Year 1** will learn the following:*

Life Cycles

- I am starting to understand the life cycles of animals and humans.

Changing Me

- I can tell you some things about me that have changed and some things about me that have stayed the same.

My Changing Body

- I can tell you how my body has changed since I was a baby.

Boys' and Girls' Bodies

- I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles and vagina.

Learning and Growing

- I understand that every time I learn something new I change a little bit.

Coping with Changes

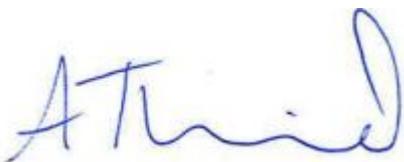
- I can tell you about changes that have happened in my life.

All teaching materials are appropriate to a pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

I endeavour to help support parents in managing conversations with your children on these issues. Please keep an eye out for the video and Google Meet later on in the term for more information. If you have any questions in the meantime, you can email me at anika.thind@swale.at.

Thank you for your support.

Yours sincerely,



Miss A Thind
Year 5 Class Teacher
PSHE Subject Lead